



Sensory Story

Jip bakes cookies



Sensory Story - Jip bakes cookies

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Sensory story - Jip bakes cookies

Photos



The reading instruction can be found at the end of the story.

1

Jip is going to bake cookies.

First put on the apron!

[put it on and feel!]



2

Everything goes in the bowl.

Stir well, Jip!

[large stirring movements with a ladle or whisk]



3

Jip rolls the dough.

That's pretty hard labor!

[rolling with rolling pin]



4

Secretly, Jip tastes a little bit ...

[taste some sugar]

Mmmm ... sweet!



5

The cookies go into the oven. The oven is hot.
Careful, Jip! First put on the oven gloves.

[put on oven gloves and / or feel]

Now we wait ...



6

The cookies are baking in the oven.

How nice it smells!

[smell some cookie spices or cinnamon]



7

After a long wait ... YES!

[feel/hear/ watch the kitchen timer go off]

The cookies are ready. Well done, Jip!



Instruction for the Reader

Target:

The purpose of this sensory story is first of all a pleasant moment together. In addition, reading aloud can stimulate communication and interaction.

Why this story?

Cooking and baking are daily events in which the senses are addressed in different ways. Most materials are probably available around the house. Baking cookies is a fun activity to do for all ages and with (usually) good results! And if the cookies turn out bad, then that is a great story ... The concepts of this story can be applied to a variety of different situations.

Required:

- Apron
- Bowl
- Ladle
- Rolling pin
- Sugar
- Oven gloves
- Cookie spices [or cinnamon]
- Kitchen timer

	<i>Put on the apron and / or feel it. The apron can even stay on until the end. You can also put on the apron yourself.</i>
 	<i>Make large stirring movements with the ladle in the bowl. Point of attention: due to the physical effort, the person can become more alert and more focused.</i>
	<i>You can also roll out the 'dough' with large movements.</i>
	<i>Taste a little sugar . Point of attention: tasting something can distract the attention of some people too much from the story. If this is the case, then this page may be omitted.</i>
	<i>Pretend the oven is hot, and oven gloves are needed. Then put on the oven gloves or let them feel.</i>
	<i>Smell and taste the cookie spices. If the person does not want to do it, you can smell it yourself and show how it smells; nice or bad. Point of attention: Cookie spices are pretty sharp!</i>



Pretend it's a long wait. If necessary, wait together for the kitchen timer until it rings.
Point of attention: to feel the timer go off is a possibility as well, especially when the person cannot hear.

The preparation

- Choose which story and which variant you are going to read. If necessary, consult with an expert (for example a speech therapist) about which gestures and pictures (photos, icons or PC symbols) are most suitable for this person.
- If possible, go and bake cookies together! This will stimulate communication, as the person will have his/her own experience with the event.
- Print the document and put the story sheets in a ring binder. Or, when using the iBook, make sure the iPad is charged and open the document in advance.
- Are the materials complete?
- Put a little sugar in a container.
- Are the gestures known?
- Practice the story in advance.

At the start

Can there be attention for the story? Is the person alert? Are there no physical discomforts? Is the area quiet? Does it fit in the day program?

Read aloud

- Read and gesture the page.
- Have the person experience the incentive.
- Give the person time to experience.
- Name/gesture (again) the most important words.
- If possible, ask a question about the page or the experience.
- Give the person time.
- Respond to the person's responses, such as facial expressions or pointing.
- Tidy up the items in the box.
- Turn to the next page.

Closing

To conclude, you put away the materials in the box. The story is done.

Application in other situations

Use the gestures from this story in other situations as well. By baking actual cookies (again), the concepts learned can be applied and the next time the story is read, it can gain even more depth. For example: "Do you remember? Our cookies were also very tasty!"

Enjoy it!

Reading aloud is especially fun! ☺.

For more information, visit www.kentalisshop.nl