



Sensory Story

Lynn goes to the forest



Sensory Story – Lynn goes to the forest

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Sensory Story – Lynn goes to the forest

With photo's



The reading instruction can be found at the end of the story.

1

Lynn goes for a walk in the woods.

Can you already smell the forest?

[smell wood or pine branch]



2

Look, a feather!

Maybe there are birds?

[feel feather]



3

Yes, there is a bird!

Do you hear/see him?

[blowing on whistle, look at a toy bird, watch it whistle]



4

A spider crawls over Lynn.

Brrr ... that tickles!

[tickle with toy spider or hands]



5

Look! A butterfly.

Such beautiful colors!

[fluttering with a toy butterfly]



6

Lynn throws leaves up in the air.

Such fun!

[make a few leaves whirl]



7

The trip to the forest is now ready. Lynn is going to rest.

The trip was fun!

[sit back and relax]



Instruction for the reader

Target

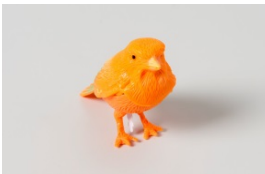
The purpose of this sense story is first of all that you have a pleasant moment together. In addition, reading aloud can stimulate communication and interaction.

Why this story?

For many people, the forest is a pleasant place to go. One can gain various sensory experiences there. The concepts that belong to the forest come back in other situations as well.

Required

- Pine branch or piece of wood
- Feather
- Toy bird or whistle
- Toy spider
- Toy butterfly
- Leaves

	<i>Let the person smell and feel the wood or branch..</i> <i>Point of attention: If the person does not want to smell, smell the wood yourself and tell him/her what you smell.</i>
	<i>Find the feather, then tickle the hand, or, if the person allows this, the face. Feel free to take the time for this!</i>
	<i>Show the bird or whistle.</i> <i>Point of attention:</i> <i>If someone is deaf, change the text on this page to "do you see the birds?"</i>
	<i>Many people are scared of spiders, but this is not the case for everyone! Let the person experience it for themselves. To let the spider crawl and tickle a bit can be fun and exciting!</i>
	<i>Look at and name the colors. Make the person feel the fluttering.</i> <i>Point of attention: this can also be a photo of a butterfly, or a crafted butterfly.</i>

	<i>Let the leaves whirl: on the table, on the person or on yourself.</i>
	<i>This page is a conclusion, without an incentive. However, you can show a very exaggerated way of resting, by sighing and sagging in your seat.</i>

The preparation

- Pick which story you want to tell and which variant. If necessary, consult with an expert (for example, a speech therapist) which gestures and images (photos, pictograms or PC symbols) are most suitable for this person.
- Print the document and put the story sheets in a ring binder . Or, when using the iBook, make sure the iPad is charged and open the document in advance.
- Are the materials complete? Is there enough toothpaste and hand cream?
- If necessary, moisten a washcloth or check if there are enough moist wipes.
- Check whether the light is still working.
- Are the gestures familiar?
- Practice the story beforehand.

At the start

Can there be attention for the story? Is the person alert? Are there no physical discomforts? Is the area quiet? Does it fit in the day program?

Read out

- Read and gesture the page.
- Have the person experience the incentive.
- Give the person time to experience.
- Name/gesture (again) the most important words.
- If possible, ask a question about the page or the experience.
- Give the person time.
- Respond to the person's responses , such as facial expressions or pointing.
- Tidy up the items in the box.
- Turn to the next page.

Closing

To conclude, put all materials back in the box. The story is done.

Application in other situations

Use the gestures from this story in other situations as well. For example, when you are outside, you can gesture 'leaves', and throw a few up in the air, just like Lynn. And perhaps you will encounter a spider, outside or inside ...

Enjoy it!

Reading out is especially fun ☺

For more information, visit www.kentalisshop.nl